


Upcoming Workshops

At Alpha, we are committed to supporting the continued growth and success of our team. In addition to the workshops we host throughout the year, we want to encourage you to explore other learning opportunities that can help you strengthen your skills, expand your knowledge, and grow as an interpreter.


From time to time, we will share information by email and on the Alpha website about workshops happening in your area. These events are not affiliated with Alpha, and participation is completely optional. They will not be paid for or required by the company. We simply want to make you aware of opportunities that may be of interest to you. Some workshops may also offer CEUs.

Please note that this will not be a complete list of every workshop available. We are highlighting just a few examples to give you an idea of what is out there. We also understand that some announcements may be shared on short notice, and we will do our best to provide earlier notice whenever possible.

We hope these resources encourage you to continue learning, building your skills, and investing in your professional growth.



**San Diego County
Registry of Interpreters
for the Deaf (SDCRID)**




Up Your Interpreting Game Through Improving Your Brain Health
By: Ben Wilson, Psy.D.
Saturday, February 21, 2026, 8:30 am–4:30 pm
Mesa College, 7250 Mesa College, Dr., CA, 92111 - Building S, Room S-201
Can attend by Zoom, must register by Thursday, 2/19/26
Presented in ASL
0.7 GS CEU/ACETs
Register at sdcrd.wildapricot.org

Your brain is involved in everything you do!
When your brain is unhealthy, it negatively impacts your memory, mood, health, processing time, and overall feelings of wellness. To keep your brain (and body) healthy, you have to prevent or treat the 11 major risk factors that can steal your mind. If you take preventative steps to keep your brain healthy now, you may fend off the onset of disorders such as dementia or memory loss in the future. This will also positively impact your interpreting ability because, when your brain functions optimally, your ability to hold information in your brain, process it, and physical stamina greatly improve. Come and learn how to improve your physical and mental health by improving your brain health.

By the end of this workshop, participants will be able to:

- Identify 11 types of brain risk factors
- Describe 11 steps to improve brain health and reduce risks
- Name 7 types of anxiety and depression and incorporate strategies to manage them holistically
- Learn 7 types of ADD and incorporate activities to manage them holistically



Benjamin Wilson, CI/CT, NAD-V, Psy.D.


- BA, Deaf Studies, CSUN, 1988
- Masters of Theological Studies (MATS)
- MA, Psychology
- Doctorate in Psychology (Psy. D.)
- Riverside University Health System-Behavioral Health (RUHS-BH) for over 18 years
- Lately, conducting psychological evaluations to determine if people are on the Autism spectrum, help clarify diagnoses, and identify barriers to therapeutic progress
- Certified Brain Health Professional Amen Clinic

Has studied:

- Bioindividual Nutrition for Children and Adults
- Nutritional and Integrative Medicine for Mental Health Professionals

In accordance with all federal, state and local laws, events sponsored by SDCRID are accessible to all individuals. If you will need reasonable accommodations for this event, please alert SDCRID at pd2@sdcrd.org by 2/4/26. For refund and cancellation policies see <https://sdcrd.wildapricot.org/page-1245706> and email pd2@sdcrd.org. SDCRID promotes an environment of mutual respect free of discrimination based on gender, sexual orientation, race, religion, or any other protected class.

ASL Communication is an Approved RID CMP Sponsor for continuing education activities. This Professional Studies workshop is offered for .7 CEUs at the Little/None Content Knowledge Level.



<https://www.facebook.com/photo?fbid=10163813681907380&set=gm.10165970015877439&id=vanity=49826707438>

Greetings,

As the 14th Annual Silent Garden Lecture approaches, we invite you to take one final moment to register and join us on Saturday, February 21, 2026.

We are also resharing a short video message from Dr. Paul W. Ogden, Founder & Master Gardener of The Silent Garden, reflecting on the purpose of this year's lecture and the importance of building access with intention and care.

[Watch Video Here](#)

“Interpreting with a Deaf Heart: Building Access in K–12 Education” offers a full day of learning focused on Deaf-centered practice, collaboration, and supporting meaningful educational access for Deaf and Hard of Hearing students.

Free registration | 0.70 RID & BEI CEUs | ASL Interpreting & Captioning provided

Register now:

bit.ly/SilentGardenLecture

We hope you'll join us for this meaningful day of learning, reflection, and community.

<https://chhs.fresnostate.edu/thesilentgarden/lecture-series/index.html>



Search...

Building Stronger Deaf Consumer-Interpreter Relationships

<p>Date/Time</p> <p>2/28/2026 1pm to 4pm</p>	<p>Event Description</p> <p>Join SCRID for a community workshop and discussion.</p> <p>Partnered with GLAD</p>
<p>Event Type(s)</p> <p>Professional Development</p>	<p>Location</p> <p>Setting: In-Person Greater Los Angeles Agency on Deafness, Inc. 2222 Laverna Ave Los Angeles, CA 90041 UNITED STATES</p> <p>Click here for Google Maps</p>
	<p>Email Reminder</p> <p>Click here to setup an email reminder for this event</p>

<https://members.scrid.org/Calendar/moreinfo.php?eventid=197730>

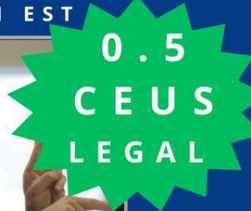
VIRTUAL

TACCOMCI SOLUTIONS PRESENTS

SHARP EYES, CLEAR HANDS: ASL INTERPRETING

SATURDAY, APRIL 25, 2026

10:00AM - 4:00PM EST



IN LAW ENFORCEMENT

THIS IS AN ENGAGING WORKSHOP FOR ASL INTERPRETERS IN LAW ENFORCEMENT SETTINGS AND DEAF COMMUNITY MEMBERS. THIS WORKSHOP PROVIDES CRITICAL SKILLS TO NAVIGATE HIGH-STAKES SITUATIONS, RECOGNIZE SAFETY ISSUES, AND ASSESS POTENTIAL RISKS. PARTICIPANTS WILL LEARN TEAM SAFETY CONSIDERATIONS, STRATEGIES TO PROTECT INTERPRETERS, DEAF INDIVIDUALS, AND OFFICERS, AND METHODS TO MAINTAIN PROFESSIONAL BOUNDARIES.

Participants will:

- Learn to recognize potential safety issues in law enforcement interactions
- Understand how staying alert while interpreting impacts safety
- Identify and assess potential risks while interpreting
- Discuss interpreting team safety and positioning considerations
- Discuss strategies to ensure safety for interpreters, Deaf individuals and law enforcement officers
- Learn to set and maintain professional boundaries during police interactions
- Have lots of hands up time participating in virtual scenarios



PRESENTER:
CYNTHIA J. NORMAN
NIC

PRESENTED IN ASL

EVENTBRITE LINK: [HTTPS://WWW.EVENTBRITE.COM/E/SHARP-EYES-CLEAR-HANDS-ASL-INTERPRETING-IN-LAW-ENFORCEMENT-TICKETS-1975521910447?AFF=ODDTDCREATOR](https://www.eventbrite.com/e/sharp-eyes-clear-hands-asl-interpreting-in-law-enforcement-tickets-1975521910447?aff=ODDTDCREATOR)



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